

Mona Sharifi Fardshad

Contact Information

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Academic Background

PhD. Health Psychology (2017-2022), Karaj Azad University

Thesis: Design and examine anticipation model of quality of life based on activities of daily living, cognitive status and social capital by mediating self-care and resilience in elderly.

M.S. General Psychology (2014-2016), Karaj Azad University

Thesis: The efficacy of transcranial direct current stimulation of dorsolateral prefrontal cortex on heroin crack craving among men in MMT program.

Research Interests

1-Psychoneuroimmunology

2-Mindfulness

Scientific Position

1-2017-Present Psychologist in Brain & Cognition Clinic

2-2017-Present Neuropsychological Assessment's Expert in Brain & Cognition Clinic

3-2021-Present Psychologist in Youtop Clinic

4-2017- Present Member of Iranian psychology association

Executive Position

1-Supervisor of Neuropsychology Assessment Department, Brain & Cognition Clinic (2017-Present)

2-Supervisor of Psychology Department, Brain & Cognition Clinic (2018-Present)

3-Teaching in workshop of stress management in Covid-19 pandemic (2021)

4-Teaching in workshop of selfawareness, suitable and unsuitable beliefs in prevention and treatment of Covid-19 (2021)

5-Teaching in workshop of neuropsychological assessment in psychiatric disorders (2022)

Training

1-Workshop of Life Skills

2- Workshop of CBT

- 3-Workshop of CBT in Depression
- 4-Workshop of ACT
- 5-Workshop of Neurofeedback
- 6-Workshop of tDCS
- 7-Workshop of Clinical Interview
- 8- Workshop of Motivational Interview

Technical skills

- 1-tDCS
- 2-Neurofeedback
- 3-Neuropsychological assessment

Language Skills

- 1-Farsi Native
- 2-English Upper Intermediate

Articles

- 1- **Sharifi Fardshad, M.** Shams Esfandabad H. & Hassani Abharian, P. (2016). Study on the efficacy of transcranial stimulation of dorsolateral prefrontal cortex by means of direct current on heroin crack craving. J Shahrekord Univ Med Sci, 18(2), 109-121.
- 2- Shariatirad S., Vaziri, A. , Hassani-Abharian, P. **M., Sharifi Fardshad**, Molavi, N. and Fitzgerald , P. B. (2016). Cumulative and Booster Effects of tDCS Sessions on Drug Cravings, Lapse, and Cognitive Impairment in Methamphetamine Use Disorder: A Case Study Report. Am J Addict, 24;25(4):264-6.
- 3- **Sharifi-Fardshad M**, Mehraban-Eshtehardi M, Shams-Esfandabad H, Shariatirad S, Molavi N, Hassani-Abharian P. Modulation of Drug Craving in Crystalline-Heroin Users by Transcranial Direct Current Stimulation of Dorsolateral Prefrontal Cortex. Addict Health 2018; 10(3): 173-9.
- 4- **Sharifi Fardshad M**, Sodagar Sh, Bahrami Hidaji M, Hassani Abharian P, Malihialzackerini, S. Predicting life quality model based on the cognitive status and social capital among elderly regarding the resilience as the mediating role. J Iran Med Counc. 2021; 4(4): 249-56.
- 5- **Sharifi Fardshad, M.** Bahrami Hidaji, M. Sodagar, S. Hassani Abharian, P. & Malihialzackerini, S. (2021). Causal model of the anticipation of quality of life based on activity of daily living and social capital in the elderly: The mediating role of self-care. Aging Psychology, 7(3), 301-315.

Conferences

- 1- The efficacy of trans-cranial Direct Current Stimulation of dorsolateral prefrontal cortex on heroin crack craving among men in MMT program. 9 th Annual International Addiction Science Congress (ASC2015)
- 2- Modulation of anxiety in crystalline heroin users by tDCS. 4 th Neuroscience Congress (2015)