

Nakisa Mohammadpour

Contact information: +98-2144695340 (Youtop Clinic)

E-mail address: mohammadpour.nakisa@gmail.com

Academic Background

MSc of nutritional sciences.

2011-2015- Tehran University of Medical Sciences, Tehran, Iran.

Thesis: Effect of vitamin D supplementation on symptoms and oxidative stress in ADHD patients

Research Interest

1. Nutrition in Autism and ADHD
2. Probiotics and cognition
3. Nutrition in burn patients
4. Nutrition and psychiatric disorders

Executive Position

1. Clinical Nutritionist in Mottahari Burns Hospital, 2020-present
2. Diet therapist in neurocognitive disorders in Youtop Clinic, 2015-present
3. Clinical Nutritionist in Ghandi Hospital, 2021-2022
4. Nutrition researcher in Employees Health Cohort Study of Iran (EHCSIR), 2019-2020
5. Nutrition counsellor and Diet therapist in Qarchak Healthcare system (SBMU), 2017-2019
6. Researcher in Institute of endocrinology and metabolism (IUMS), Jun –July 2015
7. Nutritionist in Tarchin Tabkhe Iranian, 2010-2011

Language skills

- | | |
|------------|--|
| 1. Farsi | Speaking:Native, Reading:Native, Writing:Native |
| 2. English | Speaking:Intermediate, Reading:upper-intermediate, Writing: Intermediate |

Technical Skills

1. SPSS software
2. Nutritionist-IV
3. EndNote

Articles

1. Personality characteristics and cognitive emotion regulation strategies in individuals with diabetes and pre-diabetes compared to healthy people, Under submission
2. Effect of vitamin D supplementation as adjunctive therapy to methylphenidate on ADHD symptoms: A randomized, double blind, placebo-controlled trial, 2018
3. Effects of probiotics on biomarkers of oxidative stress and inflammatory factors in petrochemical workers: a randomized, double-blind, placebo-controlled trial, 2015
4. The effects of probiotics on mental health and hypothalamic-pituitary-adrenal axis: a randomized, double-blind, placebo-controlled trial in petrochemical workers, 2015
5. Dietary intake of nutrients and its correlation with fatigue in multiple sclerosis patients, 2014
6. Probiotic yogurt affects pro-and anti-inflammatory factors in patients with inflammatory bowel disease, 2013